

San Juanico Tacloban Rotary Club

# The TRIBUNE



OFFICIAL CLUB BULLETIN OF
ROTARY CLUB OF SAN JUANICO













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**FEBRUARY 2024 | 19TH EDITION** 



## ROTARY CLUB OF SAN JUANICO OFFICERS

RY 2023-2024

Club President: Jeric Dane G. Granados

Club Immediate Past President: Mariel D. Claros

Club President- Elect: Erwin Vincent G. Alcala

Club Vice President: Jorge D. Yu

Club Executive Secretary: Joerge Brosas

Club Secretary: Edward De Jesus
Club Treasurer: Mariel D. Claros

Club Protocol Officer: Francisco Darang, Jr.

Club Administration Chair: Maria Wilma Pascua

Club Membership Chair: Estefano V. Ruiz

Club New Generation Chair: Jonell Martin A. Que Club Public Image Chair: Winston Yao Cabigon

Club Service Projects Chair: Victorio Esperas

Club Learning Facilitator: Richard Uy Club Foundation Chair: Johny C. Go

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## Presidential Message



I am enthused and encouraged by your embrace of mental health initiatives throughout the Rotary world. More than 1,000 of you have responded so far to an ongoing survey by the Rotary Action Group on Mental Health Initiatives, offering your feedback on what Rotary can do to improve the personal well-being of members.

The top suggestions are illuminating. Rotary members are asking for more fellowship, camaraderie, conversation, cohesiveness, and connection. They also want more recognition, validation, and integration. They are seeking more service opportunities, and they want more wellness activities, including mental health speakers, awareness efforts, and education.

Our members not only appreciate the greater focus on mental health, but they also believe that making more of the Rotary experience will materially improve their lives. I find it interesting that members are not asking anything dramatically new of their club — rather they want more of what we do best. For example, connection can be improved during meetings simply by assigning seating once each month to encourage people to speak with someone new.

Here are some great ways that we can help achieve these results and make Rotary more appealing to those considering membership. First, we need to acknowledge the importance of increasing belonging in our clubs and to encourage Rotary members to make the most of every opportunity for new and stronger connections. Public health experts worldwide are concerned about increasing levels of loneliness — the U.S. surgeon general has even declared it an epidemic. Mental health experts agree that finding groups and clubs around common hobbies and interests is a strong way to create greater connectedness. This is what Rotary is all about. We need to make sure all of our members are fully engaged and that our communities are better aware of this inherent strength.

Second, if your club has found new ways to build connection, please share your stories with us at <a href="mainthealth@rotary.org">mindhealth@rotary.org</a> so we can make them more broadly known within the Rotary world. Your good ideas might inspire others. Post your service project stories on Rotary Showcase.

And finally, I encourage you to share feedback from surveys like this with your club and bring forward your own ideas to improve your club experience and meet your peers' expectations. The journey we have begun is about more than mental health. It is about taking advantage of the full strength of our wonderful organization and helping all members feel that they are part of a community that cares deeply about their personal well-being.

Everything you do to strengthen connections in Rotary, with each other and the people we serve, also helps improve mental health. And everything we do to improve mental health helps strengthen those connections. Let's continue this virtuous cycle.





## President's Message

Greetings to all Rotarians!

February is a time of reflection and action, a time to come together and make a difference in our community. This month, I urge each and every one of you to embrace the spirit of service above self and join hands in our collective efforts to create a positive impact.

I call upon each member to actively participate in our upcoming events and projects, whether it be mentoring a young person, supporting a local school, or contributing to our community development programs. Together, we can inspire and empower the youth of San Juanico, instilling in them the values of leadership, compassion, and service.

Let us remember that our actions today will have a lasting impact on the generations to come. By working together and staying true to the principles of Rotary, we can truly make a difference in the lives of others. I am confident that with our dedication and commitment, we will continue to be a beacon of hope and positivity in our community.

JERIC DANE GRANADOS President RY 2023-2024



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February 2024

## ROTARY CLUB OF SAN JUANICO 14TH REGULAR MEETING

February 17, 2024



On February 17, 2024, the Rotary Club of San Juanico conducted its 14th Regular Meeting at Past President Jorge Yu's Residence, Tacloban City.

#### IN THIS ISSUE...

- 14th Regular Meeting
- · Pilipinas Rotaract Convention 2024









#### 14TH REGULAR MEETING

February 17, 2024





Regular

**FEBRUARY 17, 2024** all NOON PP JORGE YU'S RESIDENCE, TACLOBAN CITY











#### PROGRAM FLOW

#### **OPENING**

Prayer Lunch

PP Frankie Darang

Call to Order

Pres. Jeric Dane Granado

Philippine National

Anthem

Rotary Hymn

The Four-Way Test

PAG Edito Cumpio Object of Rotary IPP Mariel Claros

#### FELLOWSHIP

Laughs for Everyone (Marites Time)

Fines and Fun

Volunteer Rotarian PP Jorge Yu & PP Stef Ruiz

- · District Grant, as expounded by Mr. James Dechos
- · Rotary Week
- DISTAS/DTA April 12 & 13
- DISCON May 3, 4 & 5
- Treasurer's Report
- · President Tata's fund update
- Other Matters
- a.) Jetmatic Pumps

b.) PP Ely's Transfer FELLOWSHIP

EMCEE: PP Jorge Yu







## Pilipinas Rotaract Convention February 16-18, 2024



Rotary Club of San Juanico sponsored two delegates to Pilipinas Rotaract Convention held in Cebu City.

An inspiring experience at the Pilipinas Rotaract Convention, where connections were made, Ideas were shared and service were celebrated.













## THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service; SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### THE FOUR WAY TEST

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

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